Presentation Abstract

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Modality of Participation
in-person

Type of Presentation
Oral Presentation

Presentation Title

Beyond the Damage, Toward the Cure: Transactional Analysis as a Catalyst for Neuroplasticity in Potential Clinical Research Perspectives

Abstract
This work proposes an interpretation of Transactional Analysis (TA) not only as a relational model but as an intervention capable of stimulating neuroplasticity through metareflection. Drawing on the historical roots linking Eric Berne to Wilder Penfield, this presentation demonstrates how TA naturally fits within the modern landscape of neuropsychoanalysis (Solms, Kandel). We aim to show how TA can be adapted when working with patients suffering from central neurological damage. Through clinical cases, we illustrate a treatment approach that does not require a change in TA's core strategies, but rather an adaptation of the theoretical construct and communicative register. The focus shifts toward creating a setting of attunement, where the therapist acts as a facilitator of new functional connections while integrating with a multidisciplinary team (neurologists, physiatrists). By utilizing psychometric and psychodiagnostic measurement tools, we seek to demonstrate the efficacy of the intervention and highlight the transition from narrative to clinical research. In this context, the improvement of cognitive functions and the integration of the Self can be objectively monitored, proving that TA can offer a flexible yet rigorous protocol through a shared scientific language.