Presentation Abstract

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Field of Expertise
Psicoterapy

Name of National Association
IRPIR

Modality of Participation
in-person

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Panel

Presentation Title

The network of CePI training clinics toward becoming a Learning Health System: a virtuous circle among theory, training, clinical practice and research, according to Social-Cognitive Transactional Analysis (SCTA)

Abstract
The workshop will demonstrate the virtuous circle linking theory, clinical practice, research and training, drawing on the results of quantitative outcome research and qualitative research into a single case of psychotherapy. The data are based on cases followed using the protocol adopted within the CePI training clinic network which is connected to the Institute for Research on Intrapsychic and Relational Processes (IRPIR). The protocol is based on the theoretical and methodological model of socio-cognitive transactional analysis (SCTA) developed by Pio Scilligo and his colleagues (Scilligo, 2009; De Luca and Tosi, 2011; Bianchini and de Nitto, 2019). The aims of the workshop are to promote the integration of clinical practice with quantitative and qualitative research on outcomes and processes of change, and to explore the potential implications for training. The workshop will offer an opportunity to explore some of the ways in which trainees are encouraged to integrate clinical practice and research within the psychotherapy training schools which collaborate with the CePI training clinics network: the SSPC-FREP, the SSSPC-UPS and the SSPT-SAPA. Participants will be involved in both the discussion of the results of a quantitative study on the outcomes of psychotherapy conducted according to the ATSC model, and in the qualitative analysis of therapy excerpts from a clinical case. This will facilitate the identification of significant processes related to change, in light of the ATSC's dimensional model of ego states, and will provide a learning experience regarding the value of the virtuous circle between theory, clinical practice, research and training.

Professional Picture

