Presentation Abstract

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Other Authors

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Field of Expertise

Psicoterapy

Name of National Association

AIAT

Modality of Participation

in-person

Type of Presentation

Structured Discussion

Presentation Title

Toward a Learning Health System in Transactional Analysis: Practice-Based Evidence and Perspectives on Personality Disorders

Abstract

The proposed session aims to provide an interactive forum for discussion on the development of Transactional Analysis (TA) as a disorder-focused clinical practice, with particular reference to personality disorders. The objective is to integrate theoretical reflections, clinical experience, and research perspectives, fostering active dialogue between speakers and participants.

The first part of the session will consist of brief position statements (up to 5 minutes each) by speakers representing AIAT research centers, who will present key theoretical and clinical aspects of TA treatment across different personality disorders: Manuela Giago and Fabio Ricardi will address Borderline Personality Disorder; Antonella Liverano and Tiziana Aceti will focus on Narcissistic Personality Disorder; A.R.Ella Paolillo and Salvatore Ventriglia will discuss Schizoid Disorder, Schizotypic Disorder and Paranoid Personality Disorder; Giorgio Cristiano Cavallero, Claudia Filipponi, Eleonora Addonizio and Mario A. Procacci will explore possible connections between Transactional Analysis diagnostic hypotheses and the alternative model for personality disorders in the DSM-5-TR, as well as potential points of contact with the RDoC framework; Cristina Piccirillo will focus on Borderline Personality Disorder through a comparative analysis of the DSM-5-TR classification and Transactional Analysis theory. Irene Messina will contribute as a research supporter of the project.

Building on these contributions, the second part of the session will present a proposal for the development of a Practitioner Research Network aimed at establishing a Learning Health System in this field. In this context, the session intends to foster the creation of a Practitioner Research

Network (PRN) dedicated to clinical practice in Transactional Analysis, with the goal of progressively developing a Learning Health System (LHS) for work with personality disorders. The PRN is conceived as a continuous learning ecosystem in which clinical data, theoretical reflections, and therapists' feedback converge into a cyclical process of practice improvement, generating shared and directly applicable knowledge. A research protocol will be introduced, designed to systematize the collection of clinical data within routine practice.

Participants will be actively invited to engage in the discussion, including expressing interest in joining the research network and contributing questions, reflections, and critical feedback on the proposed protocol. The session will be moderated by the organizer, who will facilitate dialogue and audience engagement.

Professional Picture

