Presentation Abstract

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Field of Expertise

Psicoterapy

Name of National Association

A.I.A.T

Modality of Participation

in-person

Type of Presentation

Structured Discussion

Presentation Title

Toward a National Practitioner Research Network in Transactional Analysis: Integrating Practice-Based Evidence and Learning Health Systems

Abstract

This Structured Discussion directly addresses the conference theme by exploring how Transactional Analysis (TA) can strengthen its scientific foundation through the integration of Practice-Based Evidence (PBE), Participant-Driven Practice, and Learning Health Systems (LHS). While TA has a rich clinical and theoretical tradition, the current challenge is to develop research approaches that are both scientifically rigorous and ecologically valid. Practice-Based Evidence offers a pathway to systematically collect data from real-world clinical settings, while Participant-Driven Practice emphasizes the active role of clients in shaping goals, processes, and outcome evaluation. These approaches align with the paradigm of Learning Health Systems, in which data collection, knowledge generation, and practice improvement are continuously integrated in iterative feedback loops. The session proposes the development of a national Practitioner Research Network (PRN) among Italian TA training institutes, research centers, and practitioners. PRNs enable clinicians and researchers to co-produce knowledge using routine outcome monitoring and shared protocols, fostering scalable and practice-relevant research. Within an LHS framework, such a network would support a dynamic model of evidence generation, where findings are rapidly translated into clinical practice. The session will include short position statements (max. 5 minutes each) from the following discussants: A.R.Ella Paolillo, Davide Ceridono, Laura Bastianelli,Maria Luisa De Blasio, Evita Cassoni, Sara Filanti, Roberta Musso, Irene Messina, Cesare Todescato,Massimo Vasale,Caterina Romaniello, Daniela Danovaro, Eva Sylvie Rossi,Chiara Scialanca, Cristina Piccirillo, Eleonora Addonizio e Mario A. Procacci. Contributions will address: (1) data collection in TA practice;

(2) participant involvement; (3) methodological and ethical challenges in PRNs; (4) the potential of LHS for TA. The discussion will actively engage participants in identifying priorities and concrete steps toward establishing a coordinated PRN for TA in Italy, contributing to a more evidence-informed, participatory, and evolving discipline.

Professional Picture

