# Presentation Abstract

**Surname**

Procacci

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Mario Augusto

**Field of Expertise**

Psicoterapy

**Name of National Association**

AIAT

**Modality of Participation**

in-person

**Type of Presentation**

Oral Presentation

**Presentation Title**

## Group Culture: a pilot study in didactic therapy

**Abstract**

The research project presented focuses on group treatment, looking for correlations between perceived therapeutic usefulness and certain characteristics of the TA treatment group, evaluated over the years of therapy. The analysis of treatment effectiveness over time answers several questions, starting with the perceived usefulness of a single session: which constitutive elements of the group culture proposed by Berne (techné, character, and etiquette) is associated with it? What is the internal boundary (with the therapist, another member, or the group) to which it refers? And do these variables change over the years of treatment? The project aims to enhance the group, which is the most representative and characteristic setting of our theoretical model, aiming to overcome the significant difficulties in conducting qualitative and quantitative research in this context. The sample consists of 10 didactic therapy groups from SIFP, a TA school in Rome. The research began in 2022, and involved 83 voluntary students, from second to fourth year of scholarship. Participants' privacy is guaranteed by the assignment of a random identification number independently chosen from the teaching group. A self-report questionnaire (specifically created for this research) was used, consisting of five sections, divided as follows: completion data (5 questions); data relating to the perceived usefulness of the session (2 questions); and three sections for a total of 22 items about how the perceived usefulness of the session was associated with the three components of the group's culture. This pilot study aims to develop TA research in this area as a Participant-Driven Practice; with this presentation I hope to identify other training contexts and researchers interested in creating a specifically oriented network. The presentation will include the use of slides and an illustration of the results obtained so far.

**Professional Picture**

